



Fiberality Designs

By Marilyn Roberts

Yeti Socks



Plain vanilla, to be sure, but these heavy socks are favorites of my family and friends.

Directions are sized for Women's and Men's S, M, and L. It's the yarn that makes the difference; however, you can substitute any worsted weight if you like, as long as you match the gauge. Jarbo Garn Raggi comes in self-patterning, solid, and rag colorways. Check them out at http://www.swedishyarn.com/swi_yarn_raggi.htm



Fiberality Designs by Marilyn Roberts

From Me to You

If you are working with self-patterning yarn and want to make both socks identical, pull out a few yards from the ball and find a spot where one color ends and the next begins. Start the cast-on at that juncture and do the same for sock #2. Even though this is fairly accurate, count your rows to be absolutely sure.

I made the socks in the photo this way, and they match close enough for government work, as “they” say.

If you prefer to work these socks on two circular needles, simply divide the cast-on in half and work the sock front-facing as opposed to profile. It’s easier to do the gusset and toe decreases this way. If using 5 double-pointed needles, split the instep stitches as noted in the pattern for Ndl 2 to compensate for the extra needle.

This is a firm gauge for worsted weight yarn. I go by Lucy Neatby’s credo—knit your socks as tightly as you can. Doing this will reduce the inevitable wear-and-tear. If you want a very firm ribbing, work it in size smaller needles and then switch to your main needles when starting the body.

I also find that making the foot a quarter-inch longer helps keep my toes from punching through. If you want to reinforce the heel, get a spool of regular polyester sewing thread and knit it with the yarn when working the heel.

Note: The only difference in size between the Men’s Small and Medium is the length of the foot. I’ve included separate directions for each for your convenience.

Have fun! And if you are a novice sock knitter, these socks are great learning tools—you’ll learn two different decreases, as well as shortrowing, which you’ll do on the heel flap.

MATERIALS:

2 balls of Jarbo Garn Raggi (if making Men’s Large, you may want to buy an extra ball if you choose to lengthen the leg or foot)

1 set of 4 or 5 #5 double-pointed needles (two #5 circular needles), or size to achieve gauge

GAUGE: 5 STS = 1” IN STOCKINETTE

STANDARD ABBREVIATIONS:

Beg—Beginning

Dp(s)—Double-pointed needle(s)

K--Knit

Ndl—Needle

P—Purl

Rep—Repeat

Rem-Remain(ing)

RS—Right Side

Ssk—Slip, slip, knit slipped stitches tog

Sl--Slip

St—Stitch

St St—Stockinette stitch

Tog--Together

WS—Wrong side

Finished Foot Circumference

Women’s: 7.5”/19cm (8”/20.5cm, 8.5”/21.5cm)

Men’s: 9”/23cm (9.5”/24cm, 10”/25.5cm)

NOTE: Always sl 1 purlwise.



Fiberality Designs by Marilyn Roberts

WOMEN'S SOCKS

Cuff

Cast on 36 (40, 44) stitches. Arrange sts on three (3) double-pointed needles as follows:

Small: Ndl 1—9 sts; Ndl 2—18 sts; Ndl 3—9 sts

Medium: Ndl 1—10 sts; Ndl 2—20 sts; Ndl 3—10 sts

Large: Ndl 1—11 sts; Ndl 2—22 sts; Ndl 3—11 sts

Place marker and join; be careful not to twist the sts. (Note: You can use the tail as your marker, if you want.) Work 2/2 Rib: *K2, p2; rep from * around until cuff measures 3.25"/8.5cm (3.5"/9cm, 3.5"/9cm) or desired length.

Leg

Work in stockinette st (K every round) until leg measures 6.5"/16.5cm (7"/18cm, 7.5"/19cm) from the cast-on edge, or desired length. End on Ndl 2.

Heel

Work in st st across Ndl 3 and Ndl 1; turn and purl across row—18 (20, 22) sts. Instep stitches will remain on Ndl 3. You may leave the instep stitches on the needle or place on a holder.

Heel Flap:

Row 1 (RS): *Sl 1, k1; rep from * across.

Row 2: (WS): Sl 1, p across; end k1.

Repeat Rows 1 & 2 for 18 (20, 22) rows.

Shape Heel:

Row 1: K 11 (12, 13) sts, ssk, k1, turn.

Row 2: Sl 1, p5, p2tog, p1, turn.

Row 3: Sl1, k to one stitch before turning gap, ssk, k1, turn.

Row 4: Sl1, p to one stitch before turning gap, p2tog, p1, turn.

Repeat Rows 3 and 4 for 18 (20, 22 rows)—12 (12, 14) sts rem. End on WS row with either p2 tog or p2 tog, p1.

Gusset

Knit across heel sts.

With Ndl 1, pick up 9 (10, 11) sts along chain st selvedge. Pick up one stitch below the last picked-up stitch to bridge the junction gap and avoid a hole.



***Fiberality Designs* by Marilyn Roberts**

With Ndl 2, work in st st across instep stitches.

With Ndl 3, pick up one st below the first chain st to bridge the junction gap, then pick up 9 (10, 11) sts along the chain st selvedge.

Decrease for gusset as follows:

Round 1

Ndl 1: Work in st st to last 3 sts on ndl 1, k2 tog, k1.

Ndl 2: Work st st across.

Ndl 3: K1, ssk, work to end of ndl.

Round 2

K 1 round.

Repeat decrease rounds until 9 (10, 11) sts remain on Ndls 1 & 3. Your stitch count will return to your original cast-on: 36 (40, 44) sts.

Foot

Work in st st as established for 6.5"/16.5cm (7.5"/19cm, 8"/20.5cm) or until the foot measures approximately 2"/5cm less than desired total foot length.

Toe

Round 1

Ndl 1: Work in st st to last 3 sts; k2tog, k1.

Ndl 2: K1, ssk, work in st st to last 3 sts, k2tog, k1.

Ndl 3: K1, ssk, work in st st to end of ndl.

Round 2

Work in st st around.

Rep Rnds 1 & 2 until 16 (20, 20) sts rem.

Repeat Rnd 1 until 8 sts rem. Using 2 dps, place 4 sts on each ndl.

Cut yarn leaving a 12" tail. Graft sts tog. Weave in all ends and block sock.

CAST ON FOR THE NEXT SOCK ASAP!!!



Fiberality Designs by Marilyn Roberts

MEN'S SOCKS

Cuff

Cast on 48 (48, 52) stitches. Arrange sts on three (3) double-pointed needles as follows:

Small & Medium: Ndl 1—12 sts; Ndl 2—24 sts; Ndl 3—12 sts

Large: Ndl 1—13 sts; Ndl 2—26 sts; Ndl 3—13 sts

Place marker and join; be careful not to twist the sts. (Note: You can use the tail as your marker, if you want.) Work 2/2 Rib: *K2, p2: rep from * around until cuff measures 4"/10cm (4.25"/11cm, 4.5"/11.5cm).

Leg

Work in stockinette st (K every round) until leg measures 8"/20.5cm (8.5"/21.5, 9"/23cm) from the cast-on edge, or desired length. End on Ndl 2.

Heel

Work in st st across Ndl 3 and Ndl 1; turn and purl across row—24 (24, 26) sts. Instep stitches will remain on Ndl 3. You may leave the instep stitches on the needle or place on a holder.

Heel Flap:

Row 1 (RS): *Sl 1, k1; rep from * across.

Row 2: (WS): Sl 1, p across; end k1.

Repeat Rows 1 & 2 for 24 (24, 26) rows.

Shape Heel:

Row 1: K 14 (14, 15) sts, ssk, k1, turn.

Row 2: Sl 1, p5, p2tog, p1, turn.

Row 3: Sl1, k to one stitch before turning gap, ssk, k1, turn.

Row 4: Sl1, p to one stitch before turning gap, p2tog, p1, turn.

Repeat Rows 3 and 4 until all sts have been worked—14 (14, 16) sts. End on WS row with either p2 tog or p2 tog, p1.

Gusset

Knit across heel sts.

With Ndl 1, pick up 12 (12, 13) sts along chain st selvedge. Pick up one stitch below the last picked-up stitch to bridge the junction gap and avoid a hole.

With Ndl 2, work in st st across instep stitches.



***Fiberality Designs* by Marilyn Roberts**

With Ndl 3, pick up one st below the first chain st to bridge the junction gap, then pick up 12 (12, 13) sts along the chain st selvedge.

Decrease for gusset as follows:

Round 1

Ndl 1: Work in st st to last 3 sts on ndl 1, k2 tog, k1.

Ndl 2: Work st st across.

Ndl 3: K1, ssk, work to end of ndl.

Round 2

K 1 round.

Repeat decrease rounds until 12 (12, 13) sts remain on Ndls 1 & 3. Your stitch count will return to your original cast-on: 44 (48, 52) sts.

Foot

Work in st st as established for 8"/20.5cm (8"/20.5cm, 9"/23cm) or until the foot measures approximately 2.5"/6.5cm less than desired total foot length.

Toe

Round 1

Ndl 1: Work in st st to last 3 sts; k2tog, k1.

Ndl 2: K1, ssk, work in st st to last 3 sts, k2tog, k1.

Ndl 3: K1, ssk, work in st st to end of ndl.

Round 2

Work in st st around.

Rep Rnds 1 & 2 until 24 (24, 28) sts rem.

Repeat Rnd 1 until 8 sts rem. Using 2 dps, place 4 sts on each ndl.

Cut yarn leaving a 12" tail. Graft sts tog. Weave in all ends and block sock.

CAST ON FOR THE NEXT SOCK ASAP!!!